

Midland Ki Federation/East

A Coop-seminar by MKF-Member Dojo in Eastern states

Shinshin Toitsu Aikido

Aikido with Mind and Body Coordinated (Ki)

August 2, 3, 4 2024

At **Athens Ki-Aikido** dojo: 93 Columbus Rd., Athens Ohio

Stan Haehl

Head Instructor -- Athens Ki-Aikido OH
Joden Ki; **Rokudan** (6^o) Ki-Aikido

Russ Dauber

Head Instructor -- Howard County Ki-Aikido MD
Joden Ki; **Rokudan** (6^o) Ki-Aikido

Mort Melman

Head Instructor -- Franklin Ki-Aikido NJ
Joden Ki; **Rokudan** (6^o) Ki-Aikido

Joe De Capua

Head Instructor --South Mountain Aikido MD
Joden Ki; **Rokudan** (6^o) Ki-Aikido

William Fairweather

Head Instructor -- Maryland Ki Society MD
Joden Ki; **Godan** (5^o) Ki-Aikido

Jonathan Doner

Head Instructor -- Blue Ridge Ki Society VA
Joden Ki; **Godan** (5^o) Ki-Aikido

All Instructor Ranks & Certifications Issued by Shinshin Toitsu Aikido Kai, HQ Tokyo Japan
All Sponsoring Dojo are Registered Branches of **Shinshin Toitsu Aikido Kai** (Ki Society)

Class schedule (subject to change)

Friday August 2

Class I -- 5:30 – 7 pm

Doner: Ki Class – Mind Moving Mind

Saturday Aug. 3

Class II -- 9:30 – 11 am

De Capua: Fundamentals: Troubleshooting Techniques

Class III -- 1 – 2:30 pm

Russ: Ki-Aikido Skills

Class IV -- 3 – 4:30 pm

Fairweather: TBD

Class V – 4:45 – 6:15

Melman: Why we do Jo

Party/Pot-luck

Location TBA

Sunday Aug. 4

Class VI – 9:30 – 11 am

Haehl: Kengi options

Fee: Full Seminar: **Regular: \$50 All classes**

Per class: \$20/class or what-you-can

Optional: Sponsor: \$1000+ To support students for whom this fee would a burden

Supported: pay-what-you-can (but please pay something)

For **registration or more information** contact:

kiaikidoathensoh@gmail.com

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EVERYONE IS WELCOME WHO IS OK WITH EVERYONE ELSE BEING WELCOME